

Treatment & Resources for Substance Abuse

You will need a rule 25 assessment. This assessment indicates the level of treatment best suited for your needs and is required by medical insurance for coverage of treatment services.

St. Louis County Rule 25 Assessment Providers and Local Treatment Facilities

- St. Louis County Chemical Dependency Unit–South (218)726–2273
- St. Louis County Chemical Dependency Unit–North (218)471–7656
- Center for Alcohol and Drug Treatment–Duluth (218)723–8444
- Nystrom & Associates- Duluth (218)722–4379
- Center for American Indian Resources–Duluth (218)726–1370
- Genesis Recovery Services- Duluth (218)722–2368
- Minnesota Adult Teen Challenge–Duluth/Iron Range (218)740–5519
- Fond du Lac- Duluth (218)878–3808; (218)879–3876
- Range Mental Health Treatment Center–Iron Range (218)741–9120
- Arrowhead Center Inc.–Iron Range (218)749–2877

Many of the organizations listed above also offer treatment options. Programs vary in time and cost.

St. Louis County Community Resources

- **Duluth Detox and Opioid Withdrawal Unit** (218)723–8444
- **United Way 211**
 - Information on CD treatment providers
- **Self Help and Support**
 - Narcotics Anonymous Duluth Area Meetings meetinglist@naminnesota.org
 - Duluth Area Alcoholics Anonymous/Intergroup (218)727–8117
 - Duluth AI-Ateen (218)624–2764
 - East Iron Range AA (Orr, Virginia, Cotton, Hoyt Lakes, Ely Areas) (218)749–3387
 - www.area35.org
 - Northland Nar-Anon (218)340–1277
- **Rural Aids Action Network** 114 N. 1st Ave. West; (218)481–7225
 - Needle exchange
 - HIV/Hep C testing
 - Support and Referral program